

# SCHOOL VISITS

## Sylvia Liu, Children's Author

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### Available Presentations

**Reading and Tai Chi, Mindfulness** (45 min, large/small assemblies) I share my book and lead tai chi, breathing, and mental/physical resilience exercises. This gets the kids moving and active!

**Writing/Poetry Workshop** (45 min-1 hr, Pre-K to 8th grade, smaller groups) In classroom settings, I teach writing picture books & stories, work on poetry forms



### Fees

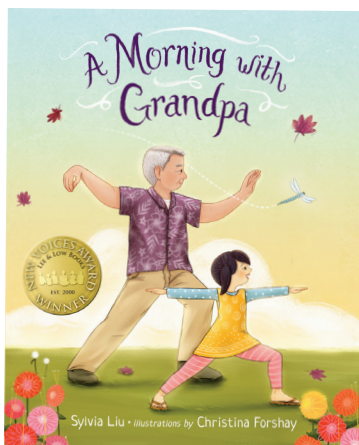
#### Local

(50 mi radius Virginia Beach)  
\$600 full day (3 sessions)  
\$450 half day (2 sessions)

#### Out of Town

\$850 full day (3 sessions)  
\$750 half day (2 sessions)  
plus travel/lodging

*Travel expenses may be split among visiting schools*



### A Morning with Grandpa

by Sylvia Liu  
illustrated by Christina Forshay  
Lee & Low Books 2016

Mei Mei's grandpa is practicing tai chi in the garden, and Mei Mei is eager to join in. Mei Mei is too hyper for Gong Gong's smooth motions, and Gong Gong too inflexible for Mei Mei's bendy poses, but they have a great time together. Winner of the LEE & LOW New Voices Award, this title celebrates the special bond between grandparent and grandchild and the joy of learning new things together.

*Sylvia Liu graciously spent several hours with our 1st grade classes. The children joyously immersed themselves in reading, writing, art, yoga and tai chi with Sylvia as their inspiring guide. Her enthusiasm for sharing traditions between generations in her gentle story came to life as she shared the story and exercises with our young learners.*

*-Barbara Protacio, Our Lady of Good Counsel School, Olney, VA*